## **LISTING OF CLAIMS:**

- 1. (Original) A capsule-containing oral composition comprising capsules with a capsule breaking point strength of 0.05 N or less when measured using a rheometer.
- 2. (Original) A capsule-containing oral composition according to Claim 1, wherein the capsule contents include one or more oil-based ingredients, and each capsule membrane comprises one or more components selected from the group consisting of alginate, xanthan gum, agar, carrageenan, gellan gum, glucomannan, and locust bean gum.
- 3. (Original) A capsule-containing oral composition according to Claim 2, wherein each capsule membrane comprises one or more components selected from the group consisting of alginate, carrageenan and agar.
- 4. (Original) A capsule-containing oral composition according to Claim 1, wherein the capsules have particle sizes ranging from 0.3 to 3.0 mm.
- 5. (Original) A capsule-containing oral composition according to Claim 1, wherein the capsules are contained in an amount of 0.5 to 5.0 wt. % of the total weight of the composition.

- 6. (Currently Amended) A capsule-containing oral composition according to any-one of Claims 1 to 5 Claim 1, wherein the composition is in the form of a toothpaste, liquid dentifrice, dental rinse, or mouthwash.
- 7. (New) A capsule-containing oral composition according to Claim 2, wherein the composition is in the form of a toothpaste, liquid dentifrice, dental rinse, or mouthwash.
- 8. (New) A capsule-containing oral composition according to Claim 3, wherein the composition is in the form of a toothpaste, liquid dentifrice, dental rinse, or mouthwash.
- 9. (New) A capsule-containing oral composition according to Claim 4, wherein the composition is in the form of a toothpaste, liquid dentifrice, dental rinse, or mouthwash.
- 10. (New) A capsule-containing oral composition according to Claim 5, wherein the composition is in the form of a toothpaste, liquid dentifrice, dental rinse, or mouthwash.